

This note Will be attached to the paper number issued to low numbered boats (the last to launch) in division C

For the sake of all crews, to ensure minimum waiting time at the start, all boats are expected to joined the queue for launching in good time

Yours is one of the last boats to launch for Division C.

You will be closely followed by crews racing upstream in Short Course Division B

You MUST therefore launch IN GOOD TIME

JOIN THE QUEUE TO LAUNCH IN GOOD TIME. DON'T HOLD BACK

If boats get launched earlier than expected, the rafts may close early.

You will DEFINITELY NOT be allowed to launch late

You MUST NOT get in the way of boats racing the short course

You MUST NOT STOP on the way to the start until you reach the bottom bridge.

This note will be attached to the paper number issued to all short-course entries

SHORT COURSE

Join the queue for launching in good time with a helper, with your boat adjusted. If you are a single sculler, have your sculls with you. If you are 2x or 4x, asked a Marshall which raft you will be using and arrange that your sculls are easy to get at.

Once you are in your boat, you should be ready to race. Tops off if necessary.

When you're pushed off the raft you should paddle up to the start (about 100 m) and then start racing without stopping.

The race finishes at the top of the long straight.

When you have finished paddle on and park on the right-hand side of the river. You will certainly not have to paddle further than the bottom bridge.

When all boats have finished the upstream course, all be told to turn to race down again.

No overtaking while you head for the start from the rafts or from turning at the top

You can start as closely together as you like