

100 Information and advice for all volunteers

Thank You

1. Thank you very much for volunteering to help at this year's Head of the River Race. If you have to withdraw your offer please let the personnel manager know as soon as possible.
2. The clubs at Saltford have built up a reputation over nearly 50 years for organising our very successful events. This can only be continued with the help of a large team of volunteers. Some of you will have volunteered before and some will be new to the job. However we would ask everyone to read the following and also the job description(s) pertinent to your own task(s):

Advice on what to wear and bring

1. Most of the jobs at our races involve long spells working outdoors and, as the weather can be cold or wet or both, it is most important that volunteers wear suitable clothing.
2. We recommend several layers of warm clothing (salopettes on the legs are very good) and an outer layer of really waterproof material.
3. Walking boots or strong trainers are recommended footwear.
4. WELLINGTON BOOTS SHOULD NEVER BE WORN IF YOUR JOB MAY INVOLVE WORKING ON THE PONTOONS (This includes the start team) OR NEAR THE RIVER BANK.
5. You may find an umbrella, a chair and a bicycle useful.
6. Binoculars are useful if you are a monitor, spotter or marshal.

Advice on parking:

1. Only a few volunteers will have been given special permission to park cars at the Saltford Rowing Centre premises or in the top field.
2. You may park in Barnsdale Park which is the field on the same side of the road as the club, and just on the Bath side of it.
3. You may also park in the Riverside Inn car park field or the Marina car park. You will be directed by the car park marshal. Please do not park in the Riverside main car park which is reserved for their customers.
4. Members of the start team and monitors 1 to 4 may find it easier to park in the Newbridge park & ride or the lay-by near the bridge. Please inform the personnel manager if you intend to go direct so that your kit bag can be delivered.

What to do on arrival:

1. Please arrive as early as possible. There are always jobs to be done getting things ready. **[and please stay on afterwards to help clear up – many hands make light work].**
2. Also please allow plenty of time to get from the car park to the SRC, report to the personnel manager in the club room and collect your kit. Monitors may also have a long walk up the bank to their position.