

**This document is for Clubs competing at the Monkton Bluefriars Small Boats Head
17 October 2015
For information for Helpers see [Helpers Pack](#)**

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Monkton Bluefriars Small Boats Head Race

17th October 2015 under British Rowing Rules

45th Year - Founded 1971 – 41st Race

1 Instructions and Notes For Competitors

1.1 Hon. Secretary Contact Details

Julian Bewick 1 Church Cottages Monkton Combe Bath BA2 7HB Phone 01225 723583 Email sbh@bluefriars.org.uk

1.2 Changes in 2015.....

- a Parking is very limited this year. There will be room for trailers and competitors as normal, but we have lost the use of the field on the other side of the A4, **so there is unfortunately no parking for spectators this year.** We should have the use of another field next year. Coaches are asked to pass this information on to spectators, perhaps encouraging them to share transport. It is usually possible to find parking spaces in the village but please be considerate to our neighbours.
- b New format for short course
- c New advice for turning at the start: see section 1.6.b for details. The aim is to have smaller starting gaps between crews.

1.3 Before setting out for Saltford

a Registration, Scratching and Classification:

Go to the web page www.bluefriars.org.uk/sbh/2015/entries/index.htm and from there go to the crews page for your club. Print this page which you will need when you register at Saltford. Use this page to declare scratchings and changes when you register at the race. Any changes known by 23:59 on Wednesday 14th October should be emailed to the Secretary. Some classes may then be merged to create as much competition as possible. (To save you time, this may be sent to you by email.)

b **There is a Google map** at http://www.bluefriars.org.uk/notes/heads/mnbsbh_gm.htm which is worth studying before the race. Zoom in, and change the view to satellite view.

c If you are unfamiliar with the course, have a look in particular at a close-up of the area around the bridge in the middle of the course. It is worth printing this to refer to later.

d **Flooding:** The river sometimes floods or flows quickly. The secretary will consult the safety adviser about the state of the river, and they may not allow some classes to race if conditions are bad. Competitors will be informed in good time if flood conditions are likely.

e **Masters:** We propose to run the handicapping system for masters so that as many competitors as possible can be aiming for prizes. See the Almanack for an explanation of how it works.

f **Changing facilities:** None, so please come changed.

g **Dress warmly if necessary:** Wear clothing suitable for the occasion. If it is cold or wet, juniors will not be allowed on the water if they are inadequately dressed.

h **To get to Saltford:** Saltford is on the A4 between Bristol and Bath. See www.bluefriars.org.uk/sbh for more details. Spectator parking is . The boat trailer park is in the Avon County RC field which has an entrance about 20 yards inside the 30 mph signs on the Bath side of Saltford. (51 23' 50"N 2 26' 58"W) Conditions in this area may be extremely muddy. You are advised to wear wellies. PLEASE NOTE THAT TRAFFIC THROUGH BATH CAN BE EXTREMELY SLOW.

1.4 At Saltford

a Indoor facilities are **not available** to Competitors.

b Boat trailers and cars carrying boats should be parked in the Field next to the main road. No other cars will be allowed this field. Please park trailers tidily next to the railway line.

- c **Registration:** As in previous years, to speed this process, we require a signed print out of your club's entry details which can be found using the link to your club at www.bluefriars.org.uk/sbh/2015/entries/index.htm . The form should also be used by you to register substitutions, and scratching. Substitutes will have to produce their BR cards at registration.
- d Registration for ALL crews in each club will be issued together.

1.5 Launching

- a **Launching:** The starting order shows the times when crews should join the queue outside the boat houses. After your boat has been inspected, launch as slickly as possible so you won't have to wait too long on the water. Help other crews, and don't hang back. Have oars and boats ready on time. If racing gets ahead of schedule, a division may be called to boat early. Listen for announcements.
- b Short course divisions B and D will be racing upstream immediately following crews proceeding upstream to race in divisions C and E
- c Coxes are not weighed at this event. In accordance with British Rowing Rules of Racing 9.9.9.9
- d **Launching late:** Some crews (senior ones in particular) have in the past held back from launching on time, resulting in other people getting cold at the start. For the sake of all, NO CREW will be allowed to join the queue to launch after the time notified for the crew in the starting order.
- e **Boats launching at Newbridge:** It is assumed that all boats except those of Minerva RC will launch at Saltford. Numbers for boats launching at Newbridge will be available at Minerva. Boats will be checked by an official. Liaise with the Secretary about suitable launching times; warming up allowed, but ONLY upstream of a point 150 metres above mid-course railway bridge; turn to paddle upstream as soon as any boat coming up from Saltford reaches the bridge. If warming up is needed, launch as a group in good time, and wait facing upstream above the mid-course bridge, then slot into line of boats moving to the start. After the race, wait near the Marina well downstream of the Saltford boathouses (ie out of the way of boats coming in at Saltford).

1.6 On the water

- a **Above the start:** Competitors should arrange themselves facing upstream in the right order. Instructions will be given for taking tracksuits off and turning, after which competitors must be prepared to race immediately.
- b **Turning :** In recent years, the average starting gap between boats has exceeded 30 seconds. Waiting time above the start will be reduced and racing will be more interesting if this gap is reduced. Boats normally wait to turn one at a time: this is bound to cause delays, so please start turning round as soon as the boat immediately downstream of you starts to turn. Don't wait until it is fully turned before turning your boat.
- c **At the start:** Competitors must follow instructions from marshalls, and keep closely bunched until told to spread to out about 100m above the start. The order "Number xx, GO!" will be given just below the railway bridge, and the time recorded from several lengths downstream. GAPS of several minutes may be included in the start sequence.
- d **During the race:** Overtaking boats have right of way. There is plenty of room for passing, except at the railway bridge half way down the course. If you fall in, stay with your boat and swim with it to the bank.
- e **Midcourse bridge:**

Refer to the google map which you have been advised to print.

The LEFT HAND ARCH OF THIS BRIDGE SHOULD BE USED (INSIDE OF THE CORNER) Any boat about to be overtaken must move out of the way and give audible warning if necessary. An Umpire will be posted at the Bridge.

The correct line to take at this corner when racing is to keep to the "correct" or right-hand (North) of the river until about the point marked H on the map. At this stage start taking the corner so that by the time you get to the bridge you take the inside arch marked at G. i.e. the wrong side of the river.

There is a buttress in the middle of the bridge, and if you position yourself on the south side of the river at H, you're taking the corner too early, and you are likely to collide with the buttress! We hope to put in a post marked H at the appropriate point on the bank. It will be worth noting Corner H on the way up to the start.

However, if two or more boats approach Corner H in close proximity, they must listen for the Marshal's instructions, WHICH MUST BE OBEYED.

You may be directed to take the right-hand arch or if safety requires you may be told to stop. When issuing these instructions the marshals will try to favour the quicker or overtaking crew.

- f **At the finish:** Which will be marked clearly with a post, at the downstream end of Saltford R.C. boathouse site (the boathouse no longer exists!), competitors must paddle on to keep clear of following boats. N.B. If the stream is running fast, it may be necessary to move the finish upstream. Any change will be announced.
- g **Other river traffic:** The River is open to other traffic. Racing may have to be delayed; if it is, you are asked to be patient. It is possible that narrow boats, etc, may be moving on the river during racing and marshalling. If you meet other traffic, you must keep RIGHT, and treat other river users with caution and respect. Look out for other river users. The river is not closed, and there may be other craft, some of which may ignore the race.

1.7 After the race

- a **Results:** Will be announced as soon as possible after the race and prizes will be presented. Results will be posted at www.bluefriars.org.uk/sbh
- b **Traffic:** The exit from the Avon County field on to the A4 can be difficult. Be patient and get help if necessary. Some trailers will not get away till dusk. Make sure that your trailer lights are working.

1.8 Safety - The "Row Safe" water safety code applies

- a **Safety:**

Competitors will not be allowed to launch unless they are wearing clothing appropriate to the weather.

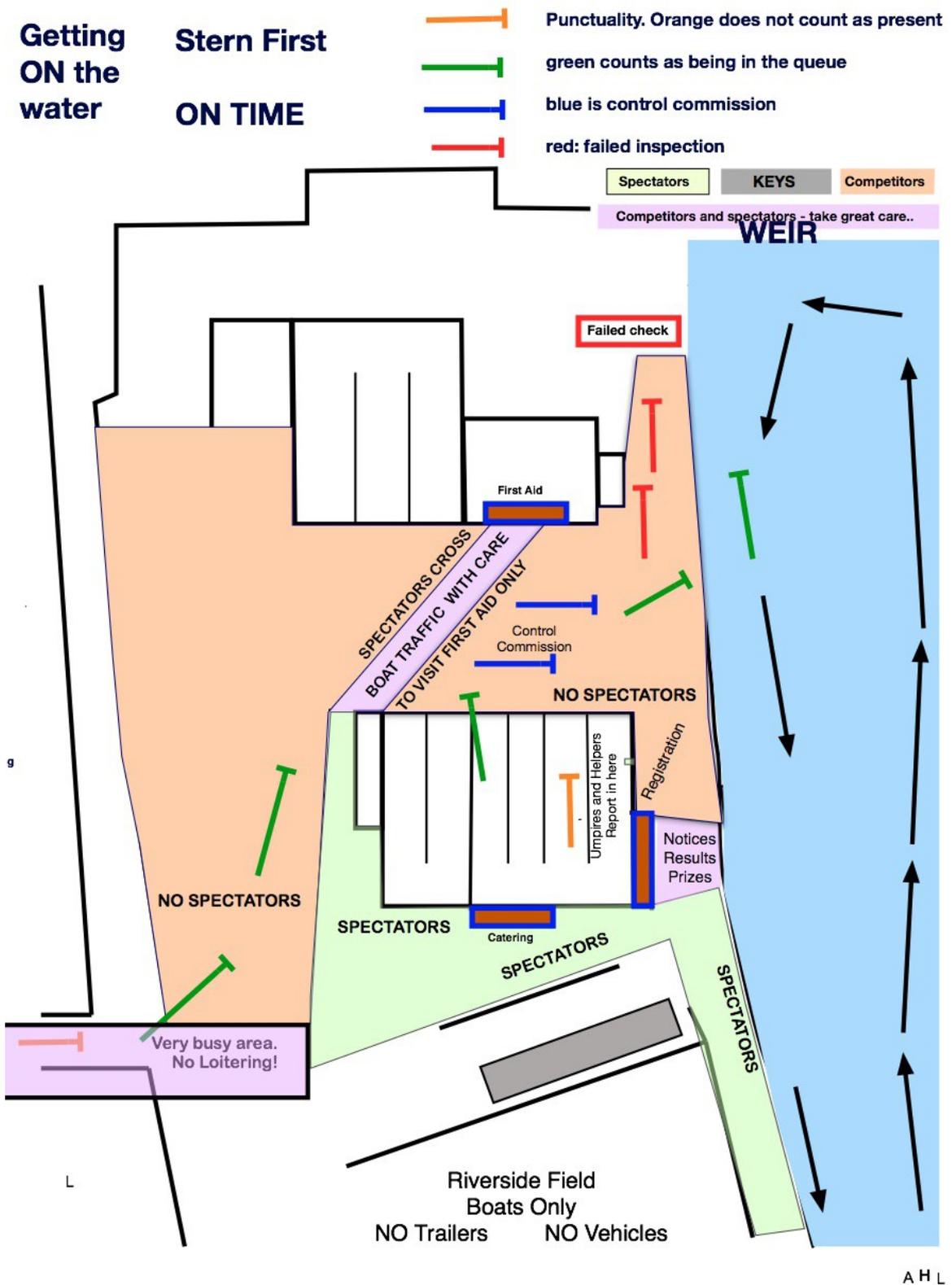
In the event of any accident, stay with your boat, and move to the side. Following competitors MUST GIVE ASSISTANCE as is appropriate. If you see someone else who has fallen in, give assistance as necessary.
- b **Marshals:** There will be marshals and race monitors posted along the course. These will communicate via mobile phone and radios.
- c **Safety Boats:** There will be two fully equipped safety boats on the course. Further boats used by marshals will be on the water, but these will not be fully kitted out to rescue. To summon a rescue boat, contact a race monitor, or other official. A safety boat follows the last boat in each division.
- d **Medical Help:** St John's First-aiders are on hand at the boathouse. Following consultations in the region, it has been decided not to have an ambulance on site all day. The hospital is 10 to 15 minutes away.
- e **Emergency telephones:** Officials have mobile phones or radios, and they will certainly be available at the start, the bridge, the finish and in the area of the boathouse.

Urgent Contact with clubs: The mobile phone declared on the entry form may be used to get in touch with you.

Julian Bewick (Hon. Secretary)

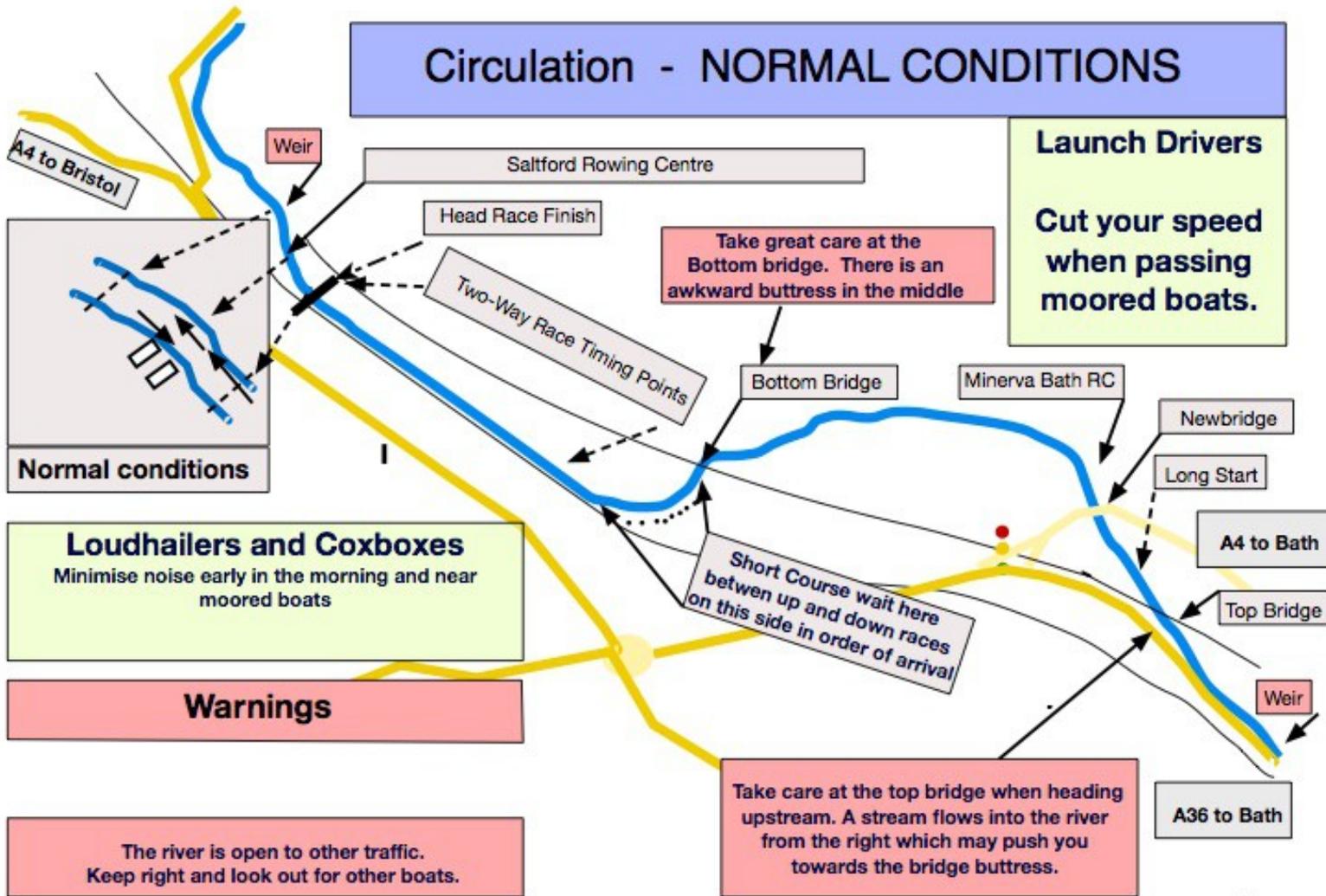
(<http://www.bluefriars.org.uk/sbh/2015/docs/2015notes.doc>)

2 Land Circulation



3 Water Circulation

Circulation - NORMAL CONDITIONS



C TH

4 Timetable for the day

All timings are approximate and depend on everybody's co-operation. It is particularly important that the first division begins promptly. Launching on time is essential.

0715	site	opens for setting up
0715-0830	set up	
0830	registration	opens
0830	Kit	Kit available for first session
0830-0900	monitors	Make their way to positions. In place by 0900
0900	launches	On duty

0915-0930	Div A	Long course boats launch	
1015-1030	Div A	starts	Start Div A 1015
1030-1045	Div A	Boats getting off the water	

1050-1110 approx Shift change timing to line up with finish of Div A

1115-1140	Div C	Long course boats launch	
1135-1140	Div B	Short two-way course launch and race up	Start Div B 1135
1140-1200	Div B	Short two-way course turn and race down	
1215-1255	Div C	Long course start	Start Div C 1215
1230-1315	Div C	Getting off the water	

1345-1400 approx Shift change timing to line up with finish of Div C

1420-1445	Div E	Long course boats launch	
1440-1450	Div D	Short two-way course launch and race up	Start Div D 1440
1440-1500	Div D	Short two-way course turn and race down	
1515-1530	Div E	Long course start	Start Div E 1515
1530-1545	Div E	Getting off the water	

Starting Order

4.1 Long Course Division A Start at 1015

001	MIN Minerva Bath	IM3.4+	C Taylor	09:30
002	BOA Bradford on Avon	X.J17A.4x+	A Wallis	09:29
003	AVN Avon County	J15A.4x+	W Isom	09:28
004	AVN Avon County	MasD.4+	S Rodway	09:28
005	AVN Avon County	W.J15A.4x+	A Olds	09:27
006	AVN Avon County	W.NOV.4+	M Lovell	09:27
007	AVN Avon County	W.NOV.4+	A Simpson	09:26
008	WYC Wycliffe Coll	J17A.2x	T Coles & T Kendell	09:25
009	AVN Avon County	MasE.2x	I Blackmore & A Brennan	09:25
010	WYC Wycliffe Coll	W.J18A.2x	K Hampson & K Brooker	09:25
011	AVN Avon County	W.J17A.2x	M Duckett Noble & I Stuart-Harris	09:24
012	AVN Avon County	W.J16A.2x	M Clay & D McGuffog	09:24
013	BOA Bradford on Avon	W.J15A.2x	H Scutt & C Young	09:23
014	BOA Bradford on Avon	W.J15A.2x	F Allen & O Hayward	09:23
015	AVN Avon County	W.NOV.2x	A Rees & L Hurrell	09:23
016	MIN Minerva Bath	W.NOV.2x	V Wheeler & S Tuohy-Smith	09:22
017	CTW Cotswold RC	MasB.2-	M Patterson & A Hynes	09:22
018	PAN Pangbourne Coll	IM2.1x	R Harris	09:21
019	PAN Pangbourne Coll	IM3.1x	A Anslow-Wilson	09:21
020	MIN Minerva Bath	MasC.1x	W Wadsworth	09:21
021	AVN Avon County	J17A.1x	H Roach	09:21
022	PAN Pangbourne Coll	J16A.1x	E Digby	09:21
023	MIN Minerva Bath	W.IM3.1x	E Kebby-Jones	09:20
024	MIN Minerva Bath	W.IM3.1x	N Maynard	09:20
025	MIN Minerva Bath	W.IM3.1x	H Wardlaw	09:20
026	PAN Pangbourne Coll	NOV.1x	C Temple	09:20
027	PAN Pangbourne Coll	NOV.1x	T Miller	09:20
028	PAN Pangbourne Coll	NOV.1x	T Perring	09:19
029	AVN Avon County	MasF.1x	A Constantinidi	09:19
030	AVN Avon County	MasF.1x	N Dolman	09:19
031	MIN Minerva Bath	MasH.1x	A Cooke	09:19
032	AVN Avon County	W.J17A.1x	E McCormack	09:19
033	AVN Avon County	W.J17A.1x	N Day	09:18
034	AVN Avon County	W.J16A.1x	M Churchman	09:18
035	AVN Avon County	W.J16A.1x	B Keen	09:18
036	AVN Avon County	W.J16A.1x	C Cutbill	09:18
037	WYC Wycliffe Coll	W.J15A.1x	I Wasdell	09:18

4.2 Short Course Division BS Start at 1145

039	WYC Wycliffe Coll	W.*NOV.1x	I Wasdell	11:45
040	AVN Avon County	*J13A.1x	O Challenger	11:44
041	AVN Avon County	*J14A.1x	W Isom	11:44
042	GMS Gt Marlow Sch	*J14A.2x	P Martinez & T Lasson	11:44
043	GMS Gt Marlow Sch	*J14A.2x	R Petrea & T Rhodes	11:44
044	GMS Gt Marlow Sch	*J14A.2x	H Salinas & T Holden	11:43
045	GMS Gt Marlow Sch	W.*J14A.4x+	J McAuley	11:43
046	MIN Minerva Bath	*NOV.4+	M COOPER	11:42
047	CRA Cranmore Sch Jrn	*J12A.4x+	B Behn	11:42
048	CRA Cranmore Sch Jrn	*J13A.4x+	F Whittaker	11:41
049	WIN Winchester Coll	*J14A.4x+	T Blunden	11:40
050	WIN Winchester Coll	*J14A.4x+	H Davis	11:40

4.3 Long Course Division C Start at 1215

052	AVN Avon County	W.MasB.4x-	H Willcox	11:40
053	MIN Minerva Bath	W.MasC.4x-	H Strickland	11:39
054	GMS Gt Marlow Sch	J16A.4x-	M Asplin	11:38
055	BOA/AVN Bradford on Avon	MasH.4x-	C Blunt	11:38
056	WIN Winchester Coll	J17A.4x+	M Killian-Dawson	11:37
057	WIN Winchester Coll	J15A.4x+	L Hayes	11:37
058	MIN Minerva Bath	IM3.4+	D Connell	11:36
059	MIN Minerva Bath	X.MasC.4+	V Whetherly	11:35
060	WIN Winchester Coll	J16A.4+	M Chapman	11:35
061	GMS Gt Marlow Sch	W.J15A.4x+	R Galbraith	11:34
062	AVN Avon County	W.MasC.4+	N Feaver	11:34
063	GMS Gt Marlow Sch	W.J16A.4+	A Loretto	11:33
064	GMS Gt Marlow Sch	W.J15A.4+	D De Winnaar	11:32
065	AVN Avon County	W.NOV.4+	R Bardell	11:32
066	SWI Swindon	IM3.2x	J Allinson & R Keeping	11:31
067	MIN Minerva Bath	X.IM3.2x	J Donnelly & A Morrey	11:31
068	CTW Cotswold RC	MasC.2x	D Samanjoul & M Brown	11:30
069	GMS Gt Marlow Sch	J17A.2x	H Grant & S Money	11:30
070	GMS Gt Marlow Sch	J16A.2x	O Peace & J Westfold	11:30
071	GMS Gt Marlow Sch	J16A.2x	R Argyle & A Hardy	11:29
072	BRY Bryanston Sch	J16A.2x	K Von Halem & P Feldbausch	11:29
073	WIN Winchester Coll	J16A.2x	S Gunner & H Armstrong Evans	11:28
074	BOA Bradford on Avon	W.J18A.2x	T Brewer & H Leake	11:28
075	AVN Avon County	W.J17A.2x	E Hills & E McCormack	11:28
076	AVN Avon County	W.J16A.2x	B Keen & M Churchman	11:27
077	MIN Minerva Bath	X.MasC.2x	N Hayward & W Wadsworth	11:27
078	BOA Bradford on Avon	MasF.2x	M Harris & J Barter	11:26
079	AVN Avon County	MasG.2x	D Walker & J Dawson	11:26
080	WYC Wycliffe Coll	W.IM3.2x	K Hampson & K Brooker	11:26
081	GMS Gt Marlow Sch	J15A.2x	T Macintyre & M Thackwell	11:25
082	GMS Gt Marlow Sch	J15A.2x	D Beswick & Z Anderson	11:25
083	AVN Avon County	W.J15A.2x	S Roach & A Olds	11:24

084	AVN Avon County	W.J15A.2x	R Hawkins & P Baker-Johnson	11:24
085	GMS Gt Marlow Sch	J18A.2-	R Honey & J Wheal	11:24
086	GMS Gt Marlow Sch	J16A.2-	J McKenzie & C Smith	11:23
087	GMS Gt Marlow Sch	JSchA.1x	E Nunn	11:23
088	MNK Monkton Combe Sch	J18A.1x	M LeFlaive-Manley	11:23
089	AVN Avon County	J18A.1x	H Roach	11:22
090	WIN Winchester Coll	J18A.1x	T Schr der	11:22
091	PAN Pangbourne Coll	J18A.1x	R Harris	11:22
092	WIN Winchester Coll	J18A.1x	T Benham-Crosswell	11:22
093	BOA Bradford on Avon	MasD.1x	Y Kilby	11:22
094	GMS Gt Marlow Sch	J17A.1x	W Cunningham	11:21
095	WIN Winchester Coll	J17A.1x	H Durward	11:21
096	AVN Avon County	J17A.1x	N Selman	11:21
097	WIN Winchester Coll	J17A.1x	D Goodman	11:21
098	WYC Wycliffe Coll	J17A.1x	T Kendell	11:21
099	WIN Winchester Coll	J17A.1x	O Le May	11:20
100	MNK Monkton Combe Sch	W.J18A.1x	H Street	11:20
101	BRY Bryanston Sch	J16A.1x	F Fuller	11:20
102	BRY Bryanston Sch	J16A.1x	H Rogers	11:20
103	GMS Gt Marlow Sch	J16A.1x	O Emmett-Bird	11:20
104	BRY Bryanston Sch	J16A.1x	F Blanco	11:19
105	GMS Gt Marlow Sch	J16A.1x	J Cornwell	11:19
106	BRY Bryanston Sch	J16A.1x	H Goodwin	11:19
107	GMS Gt Marlow Sch	J16A.1x	H Wheal	11:19
108	BRY Bryanston Sch	J16A.1x	W Bevis	11:19
109	BRY Bryanston Sch	J16A.1x	T Hogan	11:18
110	BRY Bryanston Sch	J16A.1x	H Hubbard	11:18
111	BRY Bryanston Sch	J16A.1x	M Reid	11:18
112	BRY Bryanston Sch	J16A.1x	J Rogers	11:18
113	AVN Avon County	J16A.1x	J Green	11:18
114	BRY Bryanston Sch	J16A.1x	A Kilpatrick	11:17
115	BOA Bradford on Avon	J15A.1x	A Paige	11:17
116	SWI Swindon	NOV.1x	G Lovelock	11:17
117	AVN Avon County	W.J17A.1x	C May	11:17
118	MNK Monkton Combe Sch	W.J17A.1x	E Martin	11:17
119	GMS Gt Marlow Sch	W.J17A.1x	L Beswick	11:16
120	GMS Gt Marlow Sch	W.J16A.1x	A Pyle	11:16

4.4 Short Course Division DS Start at 1450

122	AVN Avon County	W.*J14A.1x	S Roach	14:45
123	BOA Bradford on Avon	*J12A.1x	F Taylor	14:44
124	GMS Gt Marlow Sch	W.*J14A.2x	J McAuley & J Amos	14:44
125	GMS Gt Marlow Sch	W.*J14A.2x	R Galbraith & C Fisher	14:44
126	GMS Gt Marlow Sch	W.*J14A.2x	L Peace & H Smith	14:43
127	AVN Avon County	*J14A.2x	C Cushing & W Isom	14:43
128	AVN Avon County	W.*J13A.4x+	V Brown	14:43
129	CRA Cranmore Sch Jrn	*J13A.4x+	S Bull	14:42
130	GMS Gt Marlow Sch	*J14A.4x+	H Salinas	14:41

4.5 Long Course Division E Start at 1515

132	GMS Gt Marlow Sch	J18A.4x-	J Wheal	14:45
133	MIN Minerva Bath	X.MasC.4x-	N Hayward	14:44
134	GMS Gt Marlow Sch	J16A.4x-	R Argyle	14:43
135	AVN Avon County	X.MasF.4x-	P Sondheimer	14:45
136	BRY Bryanston Sch	J16A.4x+	O Blanco	14:45
137	GMS Gt Marlow Sch	J15A.4x+	L Honey	14:44
138	WIN Winchester Coll	J15A.4x+	G Temple	14:43
139	GMS Gt Marlow Sch	J15A.4x+	T Macintyre	14:43
140	WIN Winchester Coll	J18A.4+	M Temple	14:42
141	WIN Winchester Coll	J18A.4+	S Gunner	14:42
142	WIN Winchester Coll	J18A.4+	T Schr der	14:41
143	GMS Gt Marlow Sch	J17A.4+	A Hardy	14:40
144	GMS Gt Marlow Sch	J16A.4+	J Cornwell	14:40
145	AVN Avon County	W.J17A.4x-	R Pope	14:39
146	AVN Avon County	W.J15A.4x+	P Baker-Johnson	14:39
147	AVN Avon County	W.NOV.4+	S Bennett	14:38
148	MIN Minerva Bath	X.MasC.2x	L Cowan & M Melbourne	14:37
149	AVN Avon County	J17A.2x	N Selman & H Roach	14:37
150	BRY Bryanston Sch	J16A.2x	M Reid & A Kilpatrick	14:37
151	BRY Bryanston Sch	J16A.2x	F Fuller & H Rogers	14:36
152	BRY Bryanston Sch	J16A.2x	W Bevis & H Hubbard	14:36
153	WIN Winchester Coll	J16A.2x	G Baxendale & A McCormick	14:35
154	BRY Bryanston Sch	J16A.2x	H Goodwin & J Rogers	14:35
155	BRY Bryanston Sch	J16A.2x	F Blanco & T Hogan	14:35
156	BOA Bradford on Avon	W.IM3.2x	Y Kilby & T Brewer	14:34
157	AVN Avon County	W.J18A.2x	E Hills & M Churchman	14:34
158	MNK Monkton Combe Sch	W.J18A.2x	E Martin & H Street	14:33
159	AVN Avon County	W.J18A.2x	B Keen & E McCormack	14:33
160	WIN Winchester Coll	J15A.2x	L Hayes & A Stevens	14:33
161	PAN Pangbourne Coll	NOV.2x	T Perring & C Temple	14:32
162	PAN Pangbourne Coll	NOV.2x	T Miller & E Digby	14:32
163	GMS Gt Marlow Sch	W.J16A.2x	A Pyle & A Loretto	14:31
164	GMS Gt Marlow Sch	W.J15A.2x	K Magnusson & A Armes	14:31
165	BOA Bradford on Avon	MasH.2-	M Smith & A Lindsay	14:31
166	GMS Gt Marlow Sch	W.J18A.2-	L Beswick & E Paul	14:30
167	PAN Pangbourne Coll	ELI.1x	R Harris	14:30
168	MNK Monkton Combe Sch	IM3.1x	M Leflaive-Manley	14:30
169	AVN Avon County	JSchA.1x	R Jones	14:29
170	WIN Winchester Coll	J18A.1x	A Wythe	14:29
171	BOA Bradford on Avon	J18A.1x	H Richardson	14:29
172	WIN Winchester Coll	J17A.1x	M Killian-Dawson	14:29
173	PAN Pangbourne Coll	J17A.1x	A Anslow-Wilson	14:29
174	WIN Winchester Coll	J17A.1x	L Robinson	14:28
175	WIN Winchester Coll	J17A.1x	W Passmore	14:28
176	AVN Avon County	J15A.1x	O Sharples	14:28
177	WYC Wycliffe Coll	W.J17A.1x	F Turner	14:28

5 SAFETY AND WELFARE PLANS for head races at Saltford 2015/2016

The Monkton Bluefriars Small Boats Head Race – 17 October 2015

'Plan B' replacements

Secretary:	Julian Bewick	Matthew Wells
Safety Officer:	Graham Hockley	James Dawson
First Aid	St John's	Penny Senior
Welfare Officer	Matthew Wells	
Documentation on Website:	http://www.bluefriars.org.uk/sbh/2015/docs/index.htm	
Safety Plan Approved by:	Julian Bewick	
Welfare Plan approved by:	Matthew Wells	

This document is maintained by Graham Hockley on behalf of the three events.

Maintenance record

Feb 2015	Until this date, three separate documents were maintained – one for each event.
Jun 2015	Document reformatted - no substantive changes to the text.
Jul 2015	References to car parking at the garage removed

6 SAFETY PLAN

6.1 Water Safety Adviser and Welfare Officer

- 6.1.1 The Water Safety Adviser is a member of the organising committee and is notified on the front sheet.
- 6.1.2 Water safety is discussed at each meeting of the organising committee.
- 6.1.3 Water safety is part of the event review.
- 6.1.4 The Welfare Officer is a member of the organising committee and is notified on the front sheet.
- 6.1.5 Welfare and safeguarding is a regular item at meetings of the organising committee.
- 6.1.6 Welfare and safeguarding is part of the event review.
- 6.1.7 A Welfare Statement and Plan is published separately from the Safety Plan

6.2 Assessment

- 6.2.1 A risk assessment has taken place. A copy is included in **Appendix I**.

6.3 Scope of the Safety Plan

- 6.3.1 The safety plan covers the decision making process for cancellation due to inclement conditions, rules applying to the event, communications, medical and first aid, the safety of other river and bank users, race umpires, instructions to officials and competitors, emergency vehicle access and an accident and emergency action plan.
- 6.3.2 Provision is made for 'Plan B' (See **Appendix 2**)

6.4 Cancellation, Restrictions and Hazards

- 6.4.1 The decision to cancel the race, or restrict entry to certain classes of crews, will be made by the chairman of the race committee with advice from the water safety adviser. This decision will take into account weather and river conditions on the day of the race. If conditions are forecast to be unfavourable, the race may be cancelled prior to race day.
- 6.4.2 If conditions are moderately poor, but safe for certain categories of boats (e.g. larger boats) and/or more experienced crews (including coxes) the race committee may restrict racing to any combination of: boat type; age of crew; experience of crew; and experience of cox. All decisions by the race committee will be final, and crews outside these categories will be refused permission to boat for the full period of racing, including before, after and between divisions.
- 6.4.3 A division of the race may be abandoned at any time (before or after the start of a division) if conditions deteriorate during the time of boating and all crews completing the course.
- 6.4.4 Thunder and lightning
 - a In the case of severe storm accompanied by thunder and lightning during racing, suspension and resumption of play should follow the 30/30 rule: play should stop when the flash-to-bang count is 30 seconds and should not resume until 30 minutes after the last lightning. Crews and officials will be cleared from the course as quickly as possible, aiming to get everyone to shelter in 15 minutes. PA/loudhailers will instruct all athletes, officials and spectators to move under cover.
 - b Competitors and spectators will be advised on what to do in the event of lightning by the public address system or loudhailers. This will include instructions on how the course will be cleared of crews and officials, to seek 'proper shelter' and when the Race Committee will make decisions on racing.

- 6.4.5 Prior to race day, the river will be inspected for any hazards – e.g. trapped logs, overhanging trees etc. As many as possible will be removed. On the race day, the course will be inspected for any new hazards. These will be communicated to crews as they boat for their division via a safety notice board that will be set up near the boating area with the course map, monitor positions, specific competitors' instructions and any new hazards prominently displayed.

6.5 Suspension of Racing

- 6.5.1 In the event of an incident on the water on the course, racing may be stopped if it is deemed unsafe to continue. If the race has been stopped, it will only be restarted by the chairman of race committee with advice from the water safety adviser. In the event of an incident on the water, but off the course, the racing may be stopped, or postponed, if necessary.

6.6 Medical Support Arrangements

- 6.6.1 First Aid cover will be supplied by 2 qualified first aiders based at the clubhouse.
- 6.6.2 The Safety Adviser will ensure that adequate medical services, in the event of injury or illness, are provided during the period of racing. The Safety Adviser will be in charge of handling any medical incidents that may occur.
- 6.6.3 We shall ensure that competitors and supporters know where to obtain First Aid.
- 6.6.4 Radios will be available for the water safety adviser, safety boats and first aiders to summon First Aid to an accident.
- 6.6.5 The first aiders will call 999 for an emergency ambulance if appropriate. Competitors with minor injuries will make their own way to hospital if necessary.
- 6.6.6 The local ambulance service do not wish to be advised in advance of the exact locations that ambulances should go to. They would rather we simply dial 999. The locations will be either MB or Minerva Rowing Club depending on the site of the accident.
- 6.6.7 Clear access from the A4 road to the clubhouse for emergency vehicles will be maintained until racing is finished.

6.7 Safety Boats

- 6.7.1 Two adequately equipped safety boats will be provided to patrol the whole area involved in the race, i.e. the course, the marshalling area above the start and the area between the finish and the turning point for returning to the rafts. During boating, paddling to the start and racing, these boats and crews are on constant standby to attend any incidents that might occur on the water. They will provide a rapid response, when called to do so.
- 6.7.2 The safety boats will be manned by drivers of at least RYA powerboat level 2 and another person to assist.
- 6.7.3 The safety boats will be in radio contact with the Safety Adviser.
- 6.7.4 The crews of the safety boats will wear appropriate lifejackets/buoyancy aids and carry rescue equipment.

6.8 Marshals, Monitors and Umpires

- 6.8.1 There will be at least two umpires on duty during each division. Umpires are trained and certificated by British Rowing (BR) in 'Rules of Racing' and 'Row Safe'. They will have radios and whistles and flags and maps to show them where other officials are. Their instructions will tell them how to call a safety boat to an incident, how to stop the race if necessary and how to contact the First Aiders.
- 6.8.2 Monitors will be on duty in designated positions during each division to observe the whole race. All will have written instructions. They will have radios and whistles and flags and maps to show them where other officials are. Their instructions will tell them how to summon a safety boat to an incident, how to stop the race if necessary and how to contact the First Aiders.
- 6.8.3 Boat marshals are certificated launch drivers (RYA Level 2). There will be a marshal on the water above the start of each long division and several on the bank. Marshals for the short course will be on the bank. They will have loudhailers and radios.
- 6.8.4 Anyone conveyed, or working in a launch or boat will be required to wear a life jacket or buoyancy aid whilst afloat. Marshals on the rafts will be advised to wear a life jacket or buoyancy aid.

6.9 Instructions to Officials and Competitors

- 6.9.1 Instructions, which include local racing rules, navigation rules, marshalling procedures and identification of local hazards, including the mid-course bridge, will be posted on the event website.
- 6.9.2 These instructions are also included in the race programme' a copy of which is supplied to each club along with its numbers on race day. Any last minute notices will be given to the club representative when the numbers are collected.
- 6.9.3 Competitors will be advised of the actions to be taken in the event of an incident. Emergency numbers will be posted on the noticeboard.
- 6.9.4 Course officials (umpires, radio hub, marshals and race monitors) will proceed to their positions before, or as, crews proceed to the start. Course officials will be provided with specific instructions regarding their duties, including when they are required to be on station.
- 6.9.5 Safety launch crews will be instructed to be afloat and ready before crews go onto the water.
- 6.9.6 The safety adviser will tell the chairman of race committee when it is safe for racing to commence.
- 6.9.7 Racing will be stopped for an incident on the advice of the water safety adviser or any official, if they deem it to be unsafe to continue racing (racing may continue during an incident if it is considered safe to do so). The chairman of the race committee, with advice from the water safety adviser, will allow racing to commence after an incident where racing was suspended.
- 6.9.8 It is the responsibility of all competitors to make sure their equipment is safe to use and there will be experienced officials available to check as many boats as possible before they launch.

6.10 Special Points: Off the water

- 6.10.1 Parking will be strictly controlled to allow maintenance of an adequate access for emergency vehicles.
- 6.10.2 Signs will be placed on either side of the road to warn those people using the car park at the garage to take care when crossing the busy A4 road to and from the club.
- 6.10.3 Competitors will be advised that care needs to be taken when moving boats down from the car park to the launching rafts.
- 6.10.4 A dedicated first aid area will be provided.

6.11 Special Points: On the water:

- 6.11.1 The weir is well signposted and a marshal will ensure that crews turn well before reaching the weir area.
- 6.11.2 There will be marshals above the start, covering the area where crews wait to be called for their race.
- 6.11.3 For an incident on the water, the racing may be stopped. If this is the case, no crews will be allowed to boat. The rafts will be cleared for emergency access. The safety boats will attend the incident and will bring the casualty (or casualties) back to the rafts. Radio contact with the first aiders will be maintained and an ambulance called if necessary.

6.12 Leptospirosis/Weil's Disease

- 6.12.1 Good hygiene practice will be maintained. This will be achieved through:
 - a Including advice (text in **Appendix 3**) in the printed instructions available to each crew on registration and on the event website
 - b Displaying the advice on notices by any catering facilities
 - c Providing antiseptic hand-cleaner at catering facilities
 - d Race officials will ensure that anyone who falls into the water is offered a shower as soon as possible

6.13 Other Users of the Area

- 6.13.1 Signs will be placed for other users of the river. The marshals at each end of the event (ie above the start and at the turning point below the boathouse) will inform approaching boats about the race and will use radios to alert race control. Arrangements will be made for the boats' safe passage through the racing course. The boats will either: be asked to wait for a division to be completed before they proceed along the course; or racing will be postponed to allow their safe access along the course prior to starting the race.
- 6.13.2 Signs advising the general public using the footpath will be placed at either end of the boating area. Competitors will be advised that they will need to be careful when moving boats on the land.
- 6.13.3 The boathouse side of the course is a recognised fishing area, controlled by the Bathampton Anglers Association. Anglers are informed in advance via the River Avon Users Committee. Any anglers on the bank of the racing course, will be asked to suspend fishing during the period of a division passing through (approximately 20 minutes per division).
- 6.13.4 Both marinas on the stretch of the river where the race will take place will be informed by the organisers.

6.14 SAFETY PLAN APPENDIX 1 RISK ASSESSMENT

No.	Hazard	Cause	Persons at Risk	Risk Factor	Mitigation	Resp.
1	Tripping, slipping & falling on rafts or land while manoeuvring boats	Wet, frost, mud, tree roots	Competitors, raft marshals	Low	Supervise launching and assist crews where needed	OC
2	Capsize (including crew getting into difficulty on capsize)	Any, but particularly inexperienced crews Poorly maintained boat or other equipment Weather, and water, conditions could contribute	Competitors	Med	Ability to withdraw competitors if conditions are beyond their experience Adequately equipped safety boats. Monitors on bank. Radio communications Boat checks Cancellation or restrictions to types of competitors due to water, or weather, conditions	OC and coaches OC Umpires OC
3	Collision between boats on water	Poor steering, inexperience, poor coxing	Competitors	Med	Clear instructions sent to crews prior to race Race monitors to warn crews in the event of potential incidents Safety boats to attend in the event of major incidents	OC and Coaches OC OC
4	Road accident due to competitors or spectators crossing from car park	A4 is a dangerous road with high traffic volume at speed	Competitors, spectators, officials and helpers	Low	A road marshal in high visibility jacket on hand at busy times Clear, warning signage at the crossing point	OC OC
5	Crews collide with bank, fallen trees, logs, fishing lines, other obstacles	Failure to follow instructions, poor steering, or unseen obstructions	Competitors	Med	Course checked prior to each division by each race monitor Clear instructions to crews prior to event Race monitors to warn crews who may be off course Safety boats to attend in the event of major accident Umpire positioned close to bottom bridge	Safety Adviser OC OC OC Umpire
6	Lightning strike (see Safety Plan)	Lightning storm	Competitors and officials	Low	Safety Adviser to check weather conditions and	Safety Adviser

	4.4)				instruct crews to return to landing stage asap, de-boat and seek shelter until conditions improve.	and all rowers
7	River surge	Twerton flood gate open	Competitors	Low	Safety Adviser to check with Environment Agency prior to race	Safety Adviser
8	Slips, trips and falls	Muddy conditions, tree roots, trip hazards	Anyone	Med	Advise everyone to keep area tidy – crews to remove shoes, boots from boating area. St.John's First Aiders present.	OC, Coaches, crews Safety Adviser
9	Moving, or manoeuvring, boats or blades may hit people	Poor supervision and/or inattention of crew of bystanders	Anyone, including walkers or joggers on towpath (right of way)	Low	Coaches to instruct their crews. All experienced people to warn crews or bystanders if they see potential incidents. Warning signs on towpath	Coaches OC and all rowers OC
10	Officials fall in river or are injured	Slip on getting in/out of boat transport, or on bank or rafts	Officials and helpers	Low	No slippery boots to be worn on rafts or in boats Wear buoyancy aid on rafts Briefing to Race Monitors to include safety warning	OC OC Safety Adviser
11	Leptospirosis (Weil's disease) See Safety Plan Appendix 3	Contact with infected water	Competitors and Officials	Low	Antiseptic wash available in food tent Showers available for anyone who falls in river	OC OC
12	Welfare and safeguarding issues	With a lot of young people at the race there is potential for inappropriate behaviour from adults present	Young people - competitors and spectators	Low	A Welfare Officer is appointed who is a member of the Organising Committee. There is an agreed Welfare Statement Registration will assist with any issues that arise, and contact the Welfare Officer and/or the Safety Advisor, if necessary	Welfare Officer, Officials, OC OC

Notes: Where OC is stated as responsible this will primarily indicate the HoR Organising Committee, but also all officials and helpers (and also includes Minerva members and non-members who are helping out on the day)

6.15 SAFETY PLAN APPENDIX 2 - “Plan B”

Needed to cover for failure of any part of the planned safety arrangements – what, if, then, else’

Failure of safety arrangements

In the event of:

the loss of a safety boat / multiple launches will see a shortening of the course to maintain a 2 minute pick up time and / or operation of a batch system;
loss of RMMU support will be covered by extended shifts or others suitably qualified officials and or persons; specifically, the Safety Adviser will be replaced as listed on the first page
loss of medical cover will be covered by a qualified First Aider,
loss of radio communications will be covered by use of mobile phones;

Changes to racing arrangements may see the length of the course being shortened, restrict racing to larger boats and or more competent crews.

Five permanent landing stages provide multiple options to boat as conditions dictate.

These arrangements have been made based on previous events’ history and will be reviewed as situations develop.

6.16 SAFETY PLAN APPENDIX 3 – LEPTOSPIROSIS / WEIL'S DISEASE

Advice to be available to all crews and officials.

CAUTION

LEPTOSPIROSIS / WEIL'S DISEASE

Leptospirosis is an infection caught through contact with urine from infected animals (rats, cattle and pigs mainly) in water and soil. It is generally only a problem in slow moving or stagnant water. The organisms enter the skin through cuts and abrasions and also through the mouth, eyes or nose.

Prevention:

Do not swallow river water

Cover cuts and abrasions with plasters before approaching the river

Wash your hands after rowing, especially before eating (antiseptic handwash will be provided at the catering facility)

Keep your water bottles away from contaminated surfaces including water in the bottom of the boat

Always wear footwear when on the bank

If you fall into the river, the race officials will ask you to take a shower immediately – you are strongly advised to do this

If you feel unwell with 'flu-like' symptoms (vomiting, high temperature, headache, muscular pains) after the rowing event then you should contact your doctor straight away so that the proper treatment may be initiated immediately.

Sources: BR website with link to Environment Agency

7 WELFARE

7.1 Welfare Statement

- 7.1.1 The Organising Committee believes that the welfare and wellbeing of all children and vulnerable adults is paramount. All children and vulnerable adults, regardless of age, gender, ethnicity, religion or ability, have equal rights to safety and protection. All suspicions, concerns and allegations of harm will be taken seriously, and responded to swiftly and appropriately.
- 7.1.2 A competition Welfare Officer will act as the point of contact for any concerns and allegations. Their contact number will be posted on the noticeboard, in the programme, at the registration desk and will be available from Race Control.
- 7.1.3 This document will also cover vulnerable adults.

7.2 Welfare Plan

- 7.2.1 Reporting structure
 - a The first point of contact is the Welfare Officer. The Welfare Officer may then contact the Chairman of the Organising Committee if needed, via Race Control.
 - b The Safety Adviser should be kept up to date with any incidents
 - c The overall responsibility for decisions lies with the Welfare Officer.
 - d A matter will be reported to the police when appropriate. The Welfare Officer will be responsible for reporting the incident to the British Rowing Child Protection Officer.
- 7.2.2 Awareness
 - a The Welfare Statement and Plan will be available on the event website to all participating clubs and event volunteers. Club entry secretaries have to confirm that this and other important documents have been read and understood by their team before numbers are issued.
 - b A clear notice regarding contacting the Welfare Officer will be available from the registration desk, On the noticeboard, in the programme and at present control.
 - c All personnel dealing with minors in rowing should be aware of the British Rowing information on Safeguarding and Protecting Children.
 - d All officials should be aware of dealing with minors appropriately using the Row Safe document.
 - e The Safety Adviser will be aware of the Welfare Statement and Plan.
- 7.2.3 Medical provision
 - a All the medical staff will be sent the Welfare Statement and Plan, and will be given the contact details of the Welfare Officer.
 - b In an emergency, Race Control/Safety Adviser/Welfare Officer may contact the emergency services using 999.
- 7.2.4 Appropriate level of security
 - a Volunteers and officials may be briefed on being vigilant for anything suspicious, for example:
 - b someone unknown to the crews hanging around or tampering with equipment
- 7.2.5 Missing persons
 - a If a person has been missing for more than thirty minutes contact Race Control, the Welfare Officer or the Safety Adviser. This can be actioned via any official.
- 7.2.6 Access to young people or their contact details
 - a No personal details for juniors will be held. The race will, however, require a contact number for a coach or responsible adult for use in the case of emergency. This must be provided at the registration desk.
 - b Any personnel having unsupervised contact with juniors in an enclosed environment, if they have not had CRB checks performed, should work in pairs.
- 7.2.7 Basic training
 - a All personnel working unsupervised with children should be familiar with the British Rowing Safeguarding and Protecting Children policy and the information it contains on good practice.

7.2.8 Photography

- a A copy of British Rowing's advice on photography (WG 5.1) will be held at Race Control, as well as being on the website